



**PEDIATRIC CONFIDENTIAL HISTORY**

Today's Date: \_\_\_\_\_ Child's Name: \_\_\_\_\_ Person(s) completing form: \_\_\_\_\_

Childcare/School: \_\_\_\_\_ School District \_\_\_\_\_ Grade: \_\_\_\_\_

**PAST HISTORY**

Birth: Baby's weight at birth: \_\_\_\_\_  yes  no premature? How many weeks early? \_\_\_\_\_

yes  no forceps/vacuum delivery?  yes  no labor medications? \_\_\_\_\_

yes  no cesarean delivery?  yes  no long labor? How long? \_\_\_\_\_

yes  no oxygen required? How long? \_\_\_\_\_  yes  no intensive care? How long? \_\_\_\_\_

yes  no Pregnancy history (stress, nutrition, complications, infections, etc.)? Describe: \_\_\_\_\_

yes  no Other significant problems during/after birth (i.e., stuck in pelvis, birth injuries, etc.)?

Describe: \_\_\_\_\_

How well did your child nurse? \_\_\_\_\_

Describe your child's infancy (mood/affect, sleeping, etc.): \_\_\_\_\_

Has your child ever:  yes  no had any broken bones?  yes  no been in an accident?  yes  no had any operations?

Other medical health issues? \_\_\_\_\_

Developmental milestones (ages): First words \_\_\_\_\_ Crawled \_\_\_\_\_ Walked independently \_\_\_\_\_

**CURRENT HISTORY**

Does your child receive special education services?  yes  no (If yes, please attach IEP/Individualized Education Plan)

Please describe your child's living situation. Include home type (single family, apartment etc.) Include who lives in the home with your child and ages of siblings:

\_\_\_\_\_  
\_\_\_\_\_

If your child has a diagnosis by a physician, please share: \_\_\_\_\_

When diagnosed? \_\_\_\_\_ Who made the diagnosis? \_\_\_\_\_

Is your child currently doing any alternative health programs? (ex. special diets, supplements or alternative therapies)  yes  no

\_\_\_\_\_

List any medications your child is taking and the purpose for taking each: \_\_\_\_\_

Does your child have any precautions we should know about such as allergies, seizures, or special diets? \_\_\_\_\_

Please circle any physical symptoms that apply:

Tubes in ears    Ear infections    Indigestion    Stomachaches    Eating difficulty    Lack of dizziness    Reflux/GI issues    Constipation  
Headaches    Allergies    Asthma    Seizures    Respiratory difficulty    Heart ailments    Inner tension    Sinus trouble

Describe: \_\_\_\_\_

Emotional/behavioral symptoms:    Often, my child can be described as: (please circle all that apply)

Cooperative    willing to try new activities    stubborn    withdrawn    separation difficulties    destructive  
avoids eye contact    seems more tired than expected    seems more active than peers    restless    impulsive  
aggressive    easily frustrated    self-abusive    easily distracted    short attention span    difficulty following directions

Present symptoms and child's major challenges: \_\_\_\_\_

What seems to make things worse? \_\_\_\_\_

What do you think may be going on with your child that is causing the problems? \_\_\_\_\_

What do you typically need to do when your child is having problems? \_\_\_\_\_

Have they prevented your child from going to school?  yes  no    Hospitalized child?  yes  no

What behaviors do you observe in your child when dealing with frustration/conflict? \_\_\_\_\_

Difficulties at School?  yes  no    Describe \_\_\_\_\_

At school, difficulty with (please circle all that apply):

Focus    Following directions    Sitting still    Phy ed    Sports    Handwriting    Keeping hands to self  
Avoids coloring/writing    Switches hands during coloring/writing

Difficulties with sleep?  yes  no    Describe \_\_\_\_\_

Uses for sleep (please circle all that apply):    weighted blanket    Background noise    Melatonin    Medication

Sleeps in own bed    Sleeps thru night    If no, how many times and hours awake? \_\_\_\_\_

Bedtime: \_\_\_\_\_    Time child falls asleep: \_\_\_\_\_    Time child wakes in morning: \_\_\_\_\_

Describe sleep challenges: \_\_\_\_\_

Difficulty with mealtime (please circle all that apply):  yes  no    Describe \_\_\_\_\_

At meals, difficulty with:    Using fork/spoon    Sitting through meal    Spilling frequently    Going to restaurants

Difficulty with Dressing:  yes  no Describe \_\_\_\_\_

Dressing difficulties (please circle all that apply):      Zippers      Tying shoes      Staying on task      Refuses to wear coat

Often puts clothes/shoes on backward      Putting on coat, excluding zipper      Puts coat on using a learned strategy

Difficulty with Daily Routine:  yes  no Describe \_\_\_\_\_

(Please circle all that apply):    Difficulty with making transitions    Seems more active than others    Frequently trips/runs into things/falls down

Safety concerns  yes  no Describe \_\_\_\_\_

Safety (please circle all that apply):    Does not come back when called    Is unaware of dangers in public (strangers, crossing streets/parking lots)

Wanders off in public      Difficulty going to stores    Describe \_\_\_\_\_

Challenges with Play:  yes  no Describe \_\_\_\_\_

Able to (please circle all that apply):    Ride bicycle without training wheels      Pump swing without help      Accident prone

When playing avoids strenuous activity      When playing, moves quickly between activities      Tends to W-sit

Toileting skills:

Daytime accidents?  yes  no How often? \_\_\_\_\_ Nighttime accidents?  yes  no How often? \_\_\_\_\_

Percentage of time he/she initiates going without prompts \_\_\_\_\_

RELEASE OF INFORMATION		
Professional Type	Name and Phone Number	Permission to Release
Primary Physician & Clinic name		<input type="checkbox"/> yes <input type="checkbox"/> no
Specialist & Clinic name		<input type="checkbox"/> yes <input type="checkbox"/> no
Mental Health & Clinic name		<input type="checkbox"/> yes <input type="checkbox"/> no
OT/PT/SLP therapist & Clinic name		<input type="checkbox"/> yes <input type="checkbox"/> no
School or Daycare (educational/therapy staff, IEP team)		<input type="checkbox"/> yes <input type="checkbox"/> no
Autism services provider		<input type="checkbox"/> yes <input type="checkbox"/> no
Other		<input type="checkbox"/> yes <input type="checkbox"/> no

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Relationship to client: \_\_\_\_\_

Is there anything else that would be good for us to know about your child to help the evaluation to go better?

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What are the **3 most important** things to you that you think we may be able to help your child improve?

Transitioning between activities (Please describe the challenge) \_\_\_\_\_

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Dressing (Please describe the challenge) \_\_\_\_\_

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Focus (what does this lack of focus make it difficult for your child) \_\_\_\_\_

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Sitting still (what does this make it difficult for your child to do) \_\_\_\_\_

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Sensory differences (what does this make it difficult for your child to do) \_\_\_\_\_

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Meals (please describe the challenge) \_\_\_\_\_

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Handwriting (please describe the challenge) \_\_\_\_\_

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Phy ed/sports (please describe the challenge) \_\_\_\_\_

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Runs into things/falls down (please describe) \_\_\_\_\_

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Keeping hands to self (please describe) \_\_\_\_\_

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Safety in the community such as stores, restaurants etc. (please describe the challenge) \_\_\_\_\_

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Other (please describe) \_\_\_\_\_

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